

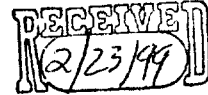


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January 14, 1999

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statement on all supplements containing Lecithin under the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, US Nutrition, Vitamin World:

Choline and Inositol are vital components of all cell walls, and play important roles in cell growth and function.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Nutritionist